

Welland Primary School
Summer Challenge Book 2015

Summertime Fun

**Summer
Activities
for Kids**



We hope this book of ideas helps you have a fun and busy summer. You don't need to do the activities in order just write the number of the activity on the page where you are recording it. For some of the activities you will need an adult to help you, but some you can do on your own.

Don't forget to bring your filled in book to school in September - there will be prizes for interesting books, children who have worked hard on their book and children who have done as many of the summer challenges as possible.

Find plenty of things to do this summer holiday!

1. Make a den. It does not matter where, inside or out. You don't need much, a blanket and some clever thinking. Can you draw it or photograph it and stick it in your book and then tell us where you have made it? We wonder where the most unusual den is made.
2. You have to save this one for a wet day- run around in the rain- get wet- enjoy it. Can you write down five words telling us how it feels to do something different? We normally run indoors and shelter from the rain. The more adventurous might like to write a rain poem.
3. So now you need the wind. Go fly a kite. If you don't have a kite, you can make one - find out how at 50things.org.uk. Can you write a short sentence telling us where you flew your kite. Did it stay up?
4. Create some wild art. You can use leaves, twigs, grass, seed pods, stones, feathers, anything you can find in the garden or at the common or in a park. Just collect your natural things, find a sheltered spot and get creative. Don't forget to wash your hands afterwards and also don't forget to take a photo or draw what you have made so you can share it with the rest of us. Many of you will have done this with Mrs Sidwell.
5. Go visit a farm. There are lots of local ones to choose from. If not a farm, a place of interest. Stick the entry ticket in your book and tell us what the best bit about your visit was.
6. Climb a huge hill. British Camp is always a good start or May Hill. We are lucky we have lots of hills to choose from. At the top tell us what you can see. You could sketch it or write about it!
7. Go for a walk. Which of your family members and friends can you take with you? How many walks can you go on in the holiday? Let us know and don't forget to record it in your book. Can you tell us what you see on the way? Write a list of 10 things you see whilst out on your walk please.

- 8.** If you go to the beach this holiday, tell us how many times you swim in the sea and write a list of things you could easily collect at the beach. Seaweed, shells - what else?
- 9.** If you do get to go to the beach can you stand and jump over the waves? How many can you jump over before you fall in? Let us know in the book.
- 10.** If you go anywhere, can you send the school a postcard please? We will collect them and put them all up, Also, we will try and read them all out in assembly. The address is: Welland Primary School, Marlbank Road, Welland, Malvern, Worcestershire, WR13 6NE
- 11.** Nature Watch - can you write a list of all the nature in your garden? If you don't have a garden, you can do this at the park or on the Common. If you sit still and watch, what do you actually see? Ants? Snails? Birds? Bees? You can add to your list throughout the summer holiday.
- 12.** Go on a barefoot walk. Ask an adult to check that it is safe to do so and agree your route so they are happy you are not going to step on anything nasty. Once you have done your walk can you write a couple of lines telling us how it felt. Did it tickle your feet?
- 13.** Play pooh-sticks. You will need to wait until you find a nice safe bridge to do this on. Start collecting sticks whenever you find a good one. What makes a stick a good pooh stick? This means, when you find that bridge you will have your perfect sticks. Make a record which stick came 1st, 2nd and 3rd. It might be worth decorating your sticks beforehand so it is easy to tell the winner!
- 14.** Put some music on and dance in the lounge. Who can you get to join you? Write and tell us who you danced with and what song, it was that got you up dancing.
- 15.** Make some music! With a little imagination, we can all make an instrument, pasta in a pot, stretched elastic bands are great and even old saucepans make good drums. Can you get a band together with your friends? Can you write and tell us the name

of your band? What would you call yourselves? Who was in your band?

- 16.** Go on a picnic. It can be in the garden or further afield. Who, when and where- that's what we want to know.
- 17.** Create a special drink. You need to do this one with an adult's help or certainly permission. If you add fruit to your normal drink, what can you create? Can you make a smoothie or a milkshake or just a refreshing drink with some delicious fruit in it? Let us know what you made; we might want to try it.
- 18.** Go and lay down somewhere outside, you decide where, close your eyes and listen. What can you hear? You need to lay and listen for at least 10 minutes, all the time remembering what you have heard because we need to know. Write it down and tell us what you have heard.
- 19.** When you were very little you used to play in the bath. Do it again. After a hard day of holiday fun enjoy a relaxing bath for a change. You don't need to write anything about this apart from 'Bath- done'.
- 20.** Invent a new and tasty sandwich. Try a different combination, something you think will be delicious for a change. Can you draw a picture and tell us what you thought of it? Score your invention out of 10.
- 21.** Do something nice for an adult in your family. Go up to them and ask them what you can do for them today. It will make you feel good and it will make the adult very happy. Can you write and tell us what good deed you did please?
- 22.** Go outside and draw a flower or a plant. You can do it, don't be like lots of adults and say "oh I can't draw!" have a go. Just sit and look at it really carefully then put pencil to paper. We will be impressed with what you have done.
- 23.** Smelly day. Today keep a list of all the different smells you smell. Toast? Coffee? Flowers? Shower gel? Soap? You tell us- be a sniff detective all day.

- 24.** Play a game of football. The great thing about football is you can play it with as many people as you want. Just tell us who you played with and what the score was. Mrs Smith will be interested in this!
- 25.** What can you see out of your bedroom window? Write down 5 things you can see.
- 26.** Ask your adults if you can go on a night time walk, maybe before bed. What is different about a night time walk? Can you hear things more clearly? Can you smell things more easily? Write a quick sentence telling us about your walk.
- 27.** Make a cake or biscuits. If this worries your adult suggest Rice Crispie cakes as they are quick and easy. Once you have made them, invite someone over to share your cakes. Can you write and tell us what you made and who ate them with you. A picture would be great too. We hope they are tasty.
- 28.** Skim a stone. You will need to be by the water for this. Find flat stones, the smoother, rounder and flatter the better. Throw it hard and low so it spins quickly across the top. Make sure there is nothing you are going to hit by throwing your stone. This skill takes practise, record your highest number of bounces.
- 29.** Don't watch TV all day. Can you do it? Write and tell us out of 10 how hard it was. 1 is easy and 10 is really, really hard.
- 30.** Go on a bike ride. Can you tell us who you went with and where you went?
- 31.** Learn a joke and then tell as many people as possible. Write your joke down please Mr Williams always needs new jokes.
- 32.** Make a list of 10 things you like about yourself. We hope this is easy for you to do.
- 33.** If you go to the beach, build a sandcastle. Plan ahead before your trip- what tools do you need to make a good one? Bucket, spade, flags, what else? Don't forget to either draw it or take a photo of it.

34. Make a paper aeroplane and fly it. This will be Mr Weston's favourite. You might need to keep working on the design, refining it until you get your aeroplane to fly a good distance. Record how many steps your plane flew.
35. Wash up! Go on make your adult's day! Draw a picture of their smile when you offered to wash up.
36. Make your own assault course in the garden. What can you climb over or through and what can you run around? Don't forget to add something which will mean you will have to crawl too. List the things you used in your assault course and what time you completed it in.
37. Have you ever played leap frog? Give it a go on a soft surface. If you are not sure how to play it, ask an adult. Can you draw a picture of you playing or write a list of the people you played with?
38. Read a book or magazine outside! Enjoy - you could read it in the den you have made - or even make a new one.
39. Play hide and seek. Get the grown ups involved but don't let them fall asleep!
40. While you are out and about you could do a bark rubbing. Can you name the tree the bark is from?
41. Paint a stone and bring it in to school in September. We would love to have a collection of them.
42. Have a think about something you would like to achieve next year at school. It could be joining a new club or doing your homework on the day you get it. Write it down in the book to remind you in September.
43. Take part in Mr Williams' Summer Reading Challenge.

We hope this booklet has given you some fun ideas of things to do and we are looking forward to reading all about what you have been up to. Happy Holidays!